

Lunch

Please let us know of any food intolerances. We are happy to offer alternatives including Gluten Free Bread.

Today's Soup £4.00

with homemade wheaten bread

Sausage Roll £3.50

Served with a salad garnish and coleslaw

Sandwiches £4.50

on white, granary malted, or gluten free bread

Sweet Chilli Chicken

mixed leaves, cheddar & peppers

Chicken Caesar

smoked bacon, gem lettuce, tomato & our homemade signature sauce

Sweetcorn & Stuffing

mixed with chicken & mayo

Egg Mayo

red onion & smoked bacon

Tuna Classic

red onion, mayo & mixed leaves

Ham & Cheddar

tomato, mayo & mixed leaves

Panini's £5.50

Add today's soup extra £2

Chicken Tikka

cheddar, mayo, peppers & onion

Sweet Chilli

chicken, peppers, mozzarella

Vegetarian (v)

peppers, onion, mozzarella, sweetcorn, tomato & mushroom

Tuna Melt

cheddar & onion

Hawaiian

ham, pineapple & cheddar

Panini Extra's

coleslaw £1.00, chips £3.00

Salads

Chicken Caesar £6.95

sliced chicken, tossed little gem, crispy smoked bacon, seasoned croutons, cherry tomatoes, signature homemade caesar dressing

Pear and Walnut (v) (gf) £6.95

mixed leaves, goats cheese, crunchy walnuts and soft succulent pears finished with a delicious walnut oil dressing

Flaked Tuna (gf) £6.95

flaked style tuna, tossed little gem, cherry tomatoes, red onion and cucumber dressed with homemade herb vinaigrette

Toasted Sandwiches

on white, granary malted, or gluten free bread.

Add today's soup extra £2

Froth Club £5.50

chicken, bacon, mayo, tomato & mixed leaves

Brie & Bacon £5.50

chicken & cranberry sauce

BLT Classic £5.00

bacon, gem lettuce, tomato & mayo

Ham & Cheddar £4.50

Vegetarian (v) £5.00

mozzarella, tomato, onion, peppers & mushroom

Toasted Sandwich Extra's

coleslaw £1.00

chips £3.00

Hot Stuff

Steak Sandwich £8.95

8oz ribeye, onions, mushrooms & homemade pepper sauce on ciabatta bread served with chips.

Froth Beef Burger 4oz / 8oz £4.95 / 6.95

Extra's

cheese £0.50 bacon £0.80 onions £0.80 mushrooms £1.00

fried egg £0.80 chips £3.00

Mash of the Day £2.50

Add sliced roast chicken £2.50

Add bacon (2) £2.00

Add peppered sauce £1.50

Add sweetcorn £1.00

Add sausages (2) £2.00

Add gravy £1.50

Add beans £1.00

Greek (v) (gf) £6.95

mixed leaves, vine tomatoes, apple, cucumber, onion, black olives, feta cheese, olive oil seasoned dressing

Prawn & Avocado £7.95

mixed leaves, cherry tomatoes, pine nuts with a homemade marie rose dressing

Add a Slice of homemade wheaten £1.00

Add Pasta £1.00

